

# Learn More Our Services

## 1. Assist Access/Maintain Employment

We help you find the right job and build the skills needed to keep it. From interview preparation to workplace tasks, we support you throughout your career journey.

## 2. Assist Life Stages, Transition and Support

Big life changes can be challenging. We help you transition through school, work, or new living arrangements with ease and a well-structured plan.

## 3. Assist Personal Activities

We provide respectful support with your morning and evening routines. We assist with dressing, showering, and personal care so you can feel your best every day.

## 4. Assist Travel/Transport

We provide safe and reliable transport to appointments, work, shopping, and other important places. We help you get where you need to go comfortably and on time.

## 5. Community Nursing Care for High Needs

We provide professional medical support at home. Our qualified nurses manage complex health needs with expert care, compassion, and kindness.

## 6. Assist Daily Tasks/Shared Living

We make shared living simple. We help with household chores and daily routines to create a happy, organised, and comfortable home environment.

## 7. Development of Daily Living & Life Skills

We help you learn the skills needed to become more independent. We support you with everyday tasks such as cooking, budgeting, using technology, and building confidence.

## 8. Household Tasks

We take care of the daily household tasks. From cleaning and laundry to tidying up, we help keep your home clean, fresh, and comfortable.

## 9. Participation in Community, Social & Civic Activities

Get involved in your local community. We support you in joining clubs, attending events, meeting new people, and staying connected with your community.

## 10. Group/Centre Based Activities

Enjoy fun, friendship, and connection in a group setting. Join our centre for activities, hobbies, and social events where you can meet new people and build confidence.



Scan To Make A  
Referral Or Booking

*Reason to Care*

## Why Choose Us

**Years of Experience, Delivered with a Smile**



"Our qualified staff are dedicated to providing the high quality care you deserve."

**Support That Respects Your Culture**



"We celebrate what makes each person unique and ensure everyone feels included, valued, and respected."

**Reliable Care That Works Around You**



"We work around your lifestyle, needs, and goals to make sure you always feel comfortable and supported."

"Your Story Could Be Next. Join Us And Be Part Of Positive Change."

## Our Contact



[info@careinourhand.com.au](mailto:info@careinourhand.com.au)



[www.careinourhand.com.au](http://www.careinourhand.com.au)



+61-0420800849



15 Gribbin Road,  
Leppington NSW 2179



Scan To Save  
Our Contact Details  
And Website



**More  
Than a  
Provider  
We Are  
Your Partner**

**I ♥  
ndis**

**REGISTERED ndis PROVIDER**

" We Are Here To Support  
You In Enjoying A Calm And  
Happy Life Again. "